

## Christie Knittel Mabry



A native of Fairfield, Connecticut, Christie made her way down south at her earliest opportunity to attend NC State University as an undergraduate student in the 1980's, and she remains delighted to have never left! Christie has been a learner, thinker, teacher, practitioner, scholar and executive coach in the field of Leadership Development for almost 20 years. Her career has spanned six different organizations and industries (financial services, technology, higher education, supply chain, healthcare and biotechnology), and she began her work in leadership development during her many years at General Electric -- where she learned (and taught) GE's legendary leadership development system. By day, she is currently leading the Leadership Development team for Biogen Idec's Pharmaceutical Operations and Technology division. By nights and weekends (when she is not involved in UCT activities), she consults, coaches, and writes in this field.

Her research interests include the intersection of spirituality and leadership development (a topic about which she is currently writing a book), engaging multiple generations in the workforce, women in leadership, succession planning, executive derailment, mentoring, and power and influence (the subject of her doctoral research). A former professor of Human Resources at Peace College, Christie has presented her research at national and international research conferences. Christie holds her Bachelor's, Master's and doctoral degrees (her doctorate is in Adult Education / Human Resource Development) from NC State (and she is, as you might imagine, an ardent Wolfpacker – despite whatever season that they might be having!). She also holds a certification in Business Coaching from Duke University. Christie and her husband Charles live in north Raleigh with Charles' daughter and her stepdaughter, Isabella, and their three cats – George, Karma, and Henry.

At the invitation of her good friend, Beth Yaeckel, Christie began attending services at UCT in 2006. She attended the Unity Basics course in early 2009, and became a member in March of that year. Like so many people, Christie feels incredibly lucky and blessed to have found the UCT community, and has since happily immersed herself in study and service at UCT. Her studies thus far have included Beginning and Advanced Mindfulness / Meditation with Andrew Weiss, Spiritual Decision Making, Soul Chanting and Affirmative Prayer, and she is currently hosting a book study group for the book "Spiritual Liberation". Christie was the interim chair of the Friend in Deed Committee, and is a core member of the Leaders in Life leadership team (she is teaching the module on Authentic Leadership).

Christie is interested in serving on the board as a way to give back and to be of service in another way to this community that has given so much to her. She intends to leverage her deep experience in building and developing people, teams and organizations to help Unity touch the hearts and souls of many more people, and to help UCT manifest to its highest and best destiny.