

***Journey to Remembrance: the Soul's Way Home***  
by Michael Gadway

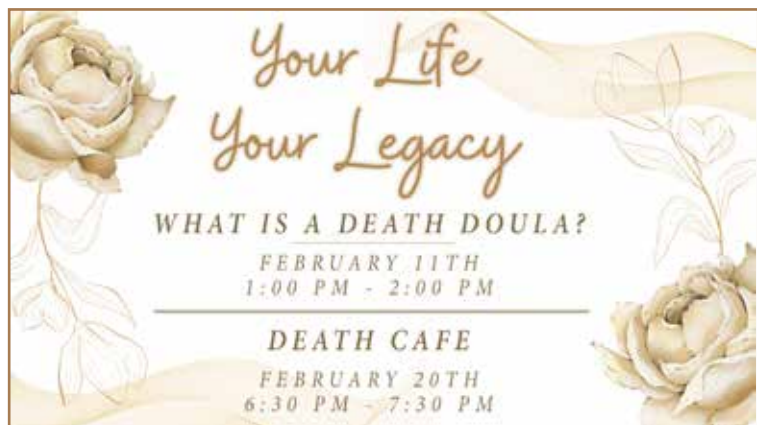
**Join a Spring Book Study Group!**  
**Sign ups will available online**  
**and at the lobby desk soon**

**SCAN THE  
QR CODE**



or visit [unitytriangle.org/events](https://unitytriangle.org/events)  
to learn more about our ongoing  
Spiritual Education classes,  
social events, and more.

# FEBRUARY EVENTS



Sunday, February 3rd



Sunday, February 11th



Sunday, February 18th

Join a group online

Spring Book Study Through March 17  
*Journey to Remembrance: The Soul's Way Home* by Michael Gadway



## First Sunday of the Month: Sanctuary Sundays

Where our youth is present during our Sunday service. All students except for pre-school and nursery will be in the sanctuary. Remember to have your

students sign in so their name goes in the monthly Pizza drawing and also to pick up a "Learning Prompt Page" to fill out for extra tickets in our monthly drawing!

**Sunday School:** During the 11 am service, children and teens gather in their respective meeting rooms for Unity lessons that include prayer and meditation as ways to discover and connect with the Divine. The teens take an active role in designing their classes; Y.O.U. (high school) classes are completely youth-led.

As our Youth program continues to expand and grow, we are in need of your talent, time, wisdom, gifts and most of all your loving support for all our young people.



Scan the QR Code or visit  
[unitytriangle.org/youth-ministry/](http://unitytriangle.org/youth-ministry/)  
to learn more about our ministry



@unitytriangleyouth

@Unity of the Triangle Youth Family Ministry

## Join A Volunteer Team AT UNITY OF THE TRIANGLE

If you want to learn more about our volunteer opportunities, visit [unitytriangle.org/volunteer/](http://unitytriangle.org/volunteer/) or contact us at [info@unitytriangle.org](mailto:info@unitytriangle.org)



# WEEKLY EVENTS

## Sundays

- 10:30 - 10:50am Sunday Morning Meditation led by Rev. Neusom
- 11:00am - 12:00pm In-Person Sunday Service
- 12:15 - 12:30pm 1 on 1 Prayer with a Prayer Chaplain In-Person and on Zoom

## Tuesdays

- 7:00 - 8:00pm Spiritual Dialogue PM with Quincy Garbutt - Online Class. Contact Quincy N. Garbutt at [quincy.garbutt@gmail.com](mailto:quincy.garbutt@gmail.com) for more specific details about weekly meetings

## Wednesdays

- 7:00 - 8:00pm Wednesday Evening Guided Meditation with Rev. Neusom | Sanctuary
- 7:00 - 9:00pm Adult Choir Practice | In-Person and Online

## Thursdays

- 11:30am - 1:30pm Spiritual Dialogue w/ Rev. Neusom Fellowship Hall
- 11:55am - 12:15pm Sacred Prayer Circle | Guided Prayer & Meditation with Rev. Meemie (by telephone)

# MONTHLY EVENTS

Thursday, February 1st



Sunday, February 4th

- 10:15am High Milers Group 1st Sundays | Meditation Room

Sunday, February 11th

- 12:30 - 1:30pm Unity Woman of Color meeting 2nd Sunday | Green Room
- 12:30 - 1:30pm Millennials Group 2nd & 4th Sunday | Meditation Room

Sunday, February 25th

- 9:30 - 10:25am Astrology Discussion Group 4th Sundays | Meditation Room
- 12:30 - 1:30pm Millennials Group 2nd & 4th Sunday | Meditation Room

## Charles Holt

will be speaking February 4th at 11AM Sunday Service

He will also be holding a workshop after service titled,

## The Law of TRACTION: Finding My Groove Again

Charles Holt is a native of Nashville, TN and a graduate of Rhodes College. Charles is a gifted Broadway actor and dynamic speaker. He inspires audiences around the world including TED talks, Rikers Island Correction Facility, and The Boys and Girls Club.

